Leaving Care

**My Pathway Plan**

**The purpose of this badge is to help you understand your Pathway Plan and what support you can expect to receive as part of that plan.**

Leaving Care

**My Pathway Plan #1 – Being in Care Checklist**

|  |  |  |
| --- | --- | --- |
|  | Yes | No |
| Do you know what plans are made with you when you are in care? |  |  |
| Do you know what workers have to do to make sure you are getting on ok when you are in care? |  |  |
| Do you know what each of the different workers that you have are responsible for? |  |  |
| Do you know what a Pathway Plan is? |  |  |
| Do you have someone to talk with if you have difficulties with: your social worker, carers and/or personal adviser? |  |  |

**What to do next:**

Look at your answers and where you ticked ‘no’, write:

|  |  |  |
| --- | --- | --- |
| **What do you need to find out or work on?** | **What will you do?**  **Where will you go to find out?** | **Who will you ask for help?** |
|  |  |  |
|  |  |  |
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**My Pathway Plan #2 – Pathway Plan**

When you are writing your Pathway Plan with your Social Worker/PA we have specialists in young people’s housing who can help. Find them at <https://www.cumbria.gov.uk/yphousing/youngpeople/default.asp>

**Pathway Plan**

Do you want to live in council (or social housing)? If you do, you need to apply online to Cumbria Choice Based Lettings. Find them at [www.cumbriachoice.org.uk](http://www.cumbriachoice.org.uk)

If you are late in planning your move and your current placement will end in 56 days (2 months) or less, you can also get help from the local housing team in your district councils – Allerdale Borough Council, Barrow Borough Council, Carlisle City Council, Copeland Borough Council, Eden District Council and South Lakeland Council. You can ask your worker to refer you or you can contact them directly. Find contacts at <https://www.cumbria.gov.uk/yphousing/youngpeople/contact>

Did you know that although you need to be 18 to bid for a property through Cumbria Choice, you can register from when you are 16? If you would like to live in these houses (and they are all over Cumbria), the sooner you register, the better.

Did you know there are other pre-tenancy badges you can do that will help you think and learn about all the things you will need when you move out? Find them at <https://www.youracclaim.com/users/sign_in>

Do you want to live in council (or social housing)? If you do, you need to apply online to Cumbria Choice Based Lettings. Find them at [www.cumbriachoice.org.uk](http://www.cumbriachoice.org.uk)

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**My Pathway Plan #3 – Staying in Touch**

Alongside giving advice and support, and helping a care leaver to get services they need, a care leaver’s personal adviser must also take part in any Pathway Plan reviews and stay in touch with the young person until you are 21, or older if they are still in education.

A care leaver must be given a copy and a full explanation of their assessment and Pathway Plan.

Pathway Plans must be reviewed at least every six months. They must also be reviewed whenever the care leaver asks for it to be done (their personal adviser or the council can also decide to call a review whenever they think one is needed).

Have you seen your Pathway Plan?

Were you involved in writing your plan?

Has your plan been reviewed regularly?

What comments do you have about your Pathway Plan?

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**My Pathway Plan #4 – Make sure you know your rights and have your say!**

|  |  |  |
| --- | --- | --- |
|  | Yes | No |
| Do you know your basic human rights? |  |  |
| Do you know your rights as a care leaver? |  |  |
| Do you know how to join a care leavers group? |  |  |
| Do you know how to make a complaint or give someone good feedback? |  |  |
| Do you know who to ask to speak on your behalf? |  |  |
| Do you know what you have to do to be able to vote? |  |  |
| Do you know who to ask for help about any of the above questions? |  |  |
| Do you know how to access your file? |  |  |
| Do you feel confident enough to stand up for yourself and have your say? |  |  |

**Look at your answers and where you ticked ‘no’, write:**

|  |  |  |
| --- | --- | --- |
| What do you need to find out or work on? | What will you do?  Where will you go to find out? | Who will you ask for help? |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |

**Top Tip:** websites like themix.org.uk are written for you and cover loads of different topics, check it out, you might find the help you need!